



*For Leaders Who Desire Success, Significance, Excellence, and Adventure*

## Your Bucket List

Are you ready to kick the bucket? Sing “So-long?” Wave and smile, “Good day and good bye?” If you shout a resounding “NO!” then ask yourself, “Am I really living?”

Are you?

Have you thought about all the things you would say and do if you only had one year left to live? One month left to live? It certainly would give you a different perspective on your life, wouldn't it? Take advantage of the opportunity to create your own bucket list. Sure, I could tell you what to do—travel across Europe, develop a successful business idea, feed the hungry, go parasailing—but that would be *my* bucket list. So what's on yours? Use the worksheet below to help you imagine and even achieve what's most important to you. Then I challenge you to work toward checking two or three of them off by the end of the year. The time is always right to make the most of every moment.

The place I would most like to go to is...

The person I would like to meet is...

What I've always wanted to learn is...

The adventure I've always wanted to try is...

My ultimate dream is...

The sport or hobby I've wanted to take up is...

The most growing experience would be...

The words I need to say are...

The person I need to forgive is...

The idea I'd love to develop is...

What I've always wanted to give is...

The way I want to help someone is...

What I would most regret not having done is...

I want to taste...

I want to hear...

I want to see...

I want to touch...

I want to smell...

I want to be...

# About Kimberly Gleason Coaching and LeaderPath Adventures™

LeaderPath Adventures™ is a leadership coaching division of Kimberly Gleason Coaching, a small boutique company with big personality, offering coaching programs and workshops in Michigan and beyond that are as distinct as you are. Founded by a board certified executive and leadership coach, trainer, presenter, and published author of over fifty articles, Kimberly has been interviewed by *Grand Rapids Press*, *Grand Rapids Magazine*, *Take 5 TV*, and *Women's Lifestyle Magazine*. We primarily coach people-centered leaders who aspire to not only success but significance, as well as excellence and adventure. We believe that leadership development need not be stuffy and dry. Rather, leadership development and coaching can and should be content-rich *and* interesting, relevant *and* fun, practical *and* adventurous. With that, our dynamic coaching programs and workshops incorporate fun and adventurous themes and activities.

Kimberly helps leaders and organizations to

- Align shared vision within the organization
- Increase self-awareness
- Develop the leadership skills and talents of executives, emerging talent, or other professionals
- Enhance interpersonal effectiveness
- Bridge performance gaps and capitalize on strengths
- Build high performing teams
- Define and clarify priorities
- Create a healthy, positive work environment
- Enhance employee engagement, satisfaction, and loyalty
- Develop effective coaching skills and instill a coaching culture
- Reduce and prevent burn out and stress
- Retain top talent
- Improve work-life balance

You can find out more information about Michigan's most interesting coaching company at [www.kimberlygleasoncoaching.com](http://www.kimberlygleasoncoaching.com), or 616-364-7459 or [Kimberly@kimberlygleasoncoaching.com](mailto:Kimberly@kimberlygleasoncoaching.com).