

Your Life and Career Bucket List

Are you ready to kick the bucket? Sing "So-long?" Wave and smile, "Good day and good bye?" If you shout a resounding "NO!" then ask yourself, "Am I really living?" Are you? Have you thought about all the things you would say and do if you only had one year left to live? One month left to live? It certainly would give you a different perspective on your life and career, wouldn't it? Take advantage of the opportunity to create your own bucket list.

Sure, I could tell you what to do—travel across Europe, develop a successful business idea, feed the hungry, go skydiving—but that would be *my* bucket list. So what's on yours?

Use the worksheet below to help you imagine and even achieve what's most important to you. Then I challenge you to work toward checking two or three of them off in the next 12 months. The time is always right to make the most of every moment.

The place I would most like to go to is...

The person I would like to meet is...

What I've always wanted to learn is...

The adventure I've always wanted to try is...

My ultimate dream is...

The sport or hobby I've wanted to take up is...

The most growing experience would be...

The words I need to say are...

The person I need to forgive is...

The idea I'd love to develop is...

What I've always wanted to give is...

The way I want to help someone is...

What I would most regret not having done is...

I want to taste ...

I want to hear...

I want to see...

I want to touch...

I want to smell...

I want to be...

About Blue Bridge Leadership

At Blue Bridge Leadership, we provide a variety of career development and leadership development services. We work with individuals, teams, and organizations. Opportunities include executive and leadership coaching, team building, and corporate training. Plus, we offer career coaching, resume assistance, and outplacement solutions.

We help talented people flourish. We believe in helping them reach their highest potential. Additionally, we partner with them to overcome their challenges and achieve their goals. And although we are based in Grand Rapids, Michigan, we have worked with clients all over the state and beyond.

We have been interviewed and featured as experts in the coaching and leadership development industry. For example, media spotlights include Grand Rapids Press, Grand Rapids Magazine, Women's Lifestyle Magazine, Take 5 TV, West Michigan Woman Magazine, Carol Roth's Business Unplugged, WGVU's Business in Heels radio program, and WZZM 13 News.

Better Leaders. Better Careers. Better Results.